

Academic Success Academy

Workshop Schedule | Fall 2023

Thursday, August 31 4:00 PM	Understanding Your Syllabus <i>Student Success Hub Staff</i>	Student Success Hub 217 Langley Hall
<i>This workshop is intended to assist students in understanding what a syllabus is, why it is important, and how to use their syllabi to organize their schedules.</i>		
Tuesday, September 5 12:00 PM	Note Taking <i>Student Success Hub Staff</i>	Student Success Hub 217 Langley Hall
<i>This workshop is intended to assist students with developing note taking skills.</i>		
Monday, September 11 12:00 PM	Time Management in College <i>Student Success Hub Staff</i>	Student Success Hub 217 Langley Hall
<i>This workshop is intended to assist students in proactively managing their time so they can enjoy all that college has to offer.</i>		
Thursday, September 14 4:00 PM	Academic Communication <i>Student Success Hub Staff</i>	Student Success Hub 217 Langley Hall
<i>This workshop is intended to assist students in developing professional communication skills that are helpful for interactions with their peers, faculty, and university staff.</i>		
Thursday, September 21 12:00 PM	Study Skills & Test-Taking Strategies <i>Student Success Hub Staff</i>	A221 Langley Hall
<i>This workshop is intended to assist students in developing study skills and test taking strategies to improve academic performance.</i>		
Thursday, September 28 12:00 PM	Managing Stress <i>University Counseling Center (UCC)</i>	Student Success Hub 217 Langley Hall
<i>This workshop is presented in collaboration with the UCC as part of the Academic Performance & Resiliency Workshop Series. It will focus on stress management techniques.</i>		
Wednesday, October 11 12:00 PM	Procrastination <i>University Counseling Center (UCC)</i>	Student Success Hub 217 Langley Hall
<i>This workshop is presented in collaboration with the UCC as part of the Academic Performance & Resiliency Workshop Series. It will focus on preventing and overcoming procrastination.</i>		
Thursday, October 12 12:00 PM	Preparing for Advising <i>Student Success Hub Staff</i>	A221 Langley Hall
<i>This workshop is intended to assist students in preparing for their academic advising appointment.</i>		
Thursday, November 9 12:00 PM	Imposter Syndrome <i>University Counseling Center (UCC)</i>	Student Success Hub 217 Langley Hall
<i>This workshop is presented in collaboration with the UCC as part of the Academic Performance & Resiliency Workshop Series. It will focus on defining and overcoming Imposter Syndrome.</i>		
Tuesday, December 5 12:00 PM	Returning Home <i>University Counseling Center (UCC)</i>	Student Success Hub 217 Langley Hall
<i>This workshop is presented in collaboration with the UCC as part of the Academic Performance & Resiliency Workshop Series. It will focus on the experience of returning home after the many changes you might have undergone while at school.</i>		